

## **International Theatre Institute ITI**

### **World Organization for the Performing Arts**

UNESCO, 1 Rue Miollis, FR-75732 Paris Cedex 15

info@iti-worldwide.org / [www.iti-worldwide.org](http://www.iti-worldwide.org)



### **Gladys Agulhas 2008**

The Spirit of Dance has No colour, No selected shape or size  
But Embraces the Power of Unity, Strength,  
And Beauty found within us.  
Each Dancing Soul, Young, Old, person living with a disability  
Creates and transforms ideas into life changing moving Art.  
Dance is the mirror reflecting the impossible made possible.  
For all to touch, hear, feel and experience.  
Sounds from our hearts and Soul is our rhythm,  
Our every move reveals the history of mankind.  
It is the element where the Human Spirit can embrace the ultimate  
Freedom.  
Whenever our hands touch, something beautiful happens,  
What the Soul remembers, the body portrays through movement.  
Dance is therefore the healing force for all to access,  
You are my eyes and I am your feet.  
Celebrate International Dance Day,  
Use your Passion for Dance to heal each other,  
Unify your dance community,  
Most importantly be the Best that you can be in your Own Right,  
We are able to stand unified through the Power and Spirit of Dance.